



Ref.-/JBIT-COP/2025-26

Date- 27/08/2025

To
The Principal
JBIT College of Pharmacy

Subject: Request for Permission to Organize National Nutrition Week Celebration

Respected Sir,

I would like to request your kind permission to organize and celebrate National Nutrition Week 2025 in the Department of Pharmacy from **01 September 2025 to 07 September 2025**.

As part of the celebration, the department proposes to conduct a **Seminar & Awareness Programme on the Importance of Balanced Nutrition** for students and the general public. The objective of the programme is to spread awareness regarding healthy dietary habits, balanced nutrition, prevention of nutritional deficiencies, and the importance of proper nutrition for maintaining good health.

The activities will include seminars, awareness lectures, poster presentations, and interactive sessions under the supervision of faculty members. All necessary arrangements and discipline will be properly maintained during the programme.

Therefore, I kindly request you to grant permission to conduct the above-mentioned programme during the scheduled dates.

Thanking you.

Yours sincerely,

Dr. Lalit Bisht
HOD, Department of Pharmacy
JBIT College of Pharmacy



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NOTICE

All the students of D. Pharma are hereby informed that the Department of Pharmacy will celebrate National Nutrition Week 2025 from **01 September 2025 to 07 September 2025**.

On this occasion, a **Seminar & Awareness Programme on the Importance of Balanced Nutrition** will be organized to create awareness regarding healthy eating habits, nutritional balance, and disease prevention through proper nutrition.

All students are encouraged to actively participate in the programme and maintain proper discipline throughout the event.

Further details regarding venue and timing will be communicated by the department.

Dr. Lalit Bisht

HOD, Department of Pharmacy
JBIT College of Pharmacy

Copy to:

1. PS to Hon'ble Vice Chairman Sir (For his kind information)
2. Registrar Office
3. All Heads of the Department
4. Notice Board
5. Office Record File



Report

Program Type	Seminar / Awareness Programme on National Nutrition Week
Program Theme	Healthy Eating for a Healthy Future
Program Title	National Nutrition Week: Seminar & Awareness Programme on the Importance of Balanced Nutrition
Objective	Program Objective: ➤ To create awareness about the importance of balanced nutrition in maintaining overall health. ➤ To educate participants on healthy dietary habits and lifestyle modifications. ➤ To highlight the role of nutrition in preventing lifestyle-related diseases. ➤ To encourage students and community members to adopt sustainable and healthy food practices. ➤ To promote national initiatives and guidelines related to nutrition and wellness.
Outcome	Program Outcome: ➤ Participants gained awareness about the significance of balanced nutrition for overall health. ➤ Enhanced knowledge of healthy dietary habits and lifestyle choices. ➤ Understood the role of nutrition in preventing lifestyle-related diseases. ➤ Motivated to adopt sustainable and healthy eating practices. ➤ Strengthened awareness of national nutrition initiatives and guidelines.
No. of Days	01
Mode of delivery	Physical
Date	1 st to 07 th September 2025
Venue	Swami Vivekanand Hall
Schedule	10:00 AM to 04:30 PM
Details of Recourse Person	Dr. Arun Kumar Maurya, Dr. Arvind Negi, Ms. Sahiba, Mr. Mohit Pal, Ms. Kirti Kumari, Ms. Sushmita, Ms. Jyoti Sexana



Convener	Dr. Arun Kumar Maurya
Coordinator	Mr. Ashish kushwaha
No. of Participants (Students)	70
No. of Participants (Faculty)	05

Photographs



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme



National Nutrition Week: Seminar & Awareness Programme

Program Coordinator



ATTENDANCE SHEET

Seminar / Awareness Programme on National Nutrition Week

01-09-2025 to 07/09/2025

S. No.	University Roll No.	Student Name	Signature
1.	24145160001	ABHIJEET KUMAR	
2.	24145160002	AMEER ALI	
3.	24145160003	ANCHAL PAL	
4.	24145160004	ANSHIKA RANA	
5.	24145160005	ARUN GIRI	
6.	24145160007	BATNGENLANG PHANBUH	
7.	24145160009	DEEPA	
8.	24145160010	DEEPAK	
9.	24145160011	GOVIND KUMAR RAM	
10.	24145160012	KARAN	
11.	24145160013	KOMAL VISHWAKARMA	
12.	24145160014	MOHD AATIF	
13.	24145160015	MOHD ARSHLAN	



S. No.	University Roll No.	Student Name	Signature
14.	24145160016	NAJIYA PARVEEN	
15.	24145160017	NAJMA	
16.	24145160018	NIKITA PUNDIR	
17.	24145160019	NITIN TOMAR	
18.	24145160020	PAYAL	
19.	24145160021	PRIYANKA	
20.	24145160022	RIYA KUMARI	
21.	24145160023	ROHIT MOURYA	
22.	24145160024	SAMREEN NAAZ	
23.	24145160025	SAURABH	
24.	24145160026	SHAGUN	
25.	24145160027	SHIKHA	
26.	24145160028	SHIKHA	
27.	24145160029	SHIV KUMAR MAURYA	
28.	24145160030	SHKE ABUSALIM	
29.	24145160031	SHREYA PATHANIA	



S. No.	University Roll No.	Student Name	Signature
30.	24145160032	SHUBHAM YADAV	
31.	24145160033	SHWETA RANA	
32.	24145160035	VIKRANT DHIMAN	
33.	24145160036	VINIT RAWAT	
34.	24145160037	VIPUL YADAV	
35.	24145160038	VISHAL BHARDWAJ	
36.	23145160021	RAVIRANJAN KUMAR RAM	
37.	25145160002	AFREEN BANO	
38.	25145160003	AKASH CHAUHAN	
39.	25145160004	AMAN KUMAR SINGH	
40.	25145160005	ANISH KUMAR	
41.	25145160006	ANUJ SHARMA	
42.	25145160007	ISHIKA GOYAL	
43.	25145160008	KOMAL	
44.	25145160009	MANISH KUMAR	
45.	25145160010	MANSIMRAN KAUR	



S. No.	University Roll No.	Student Name	Signature
46.	25145160011	MD AYAJ AHAMAD	
47.	25145160012	MOH ASHU	
48.	25145160013	MOHAMMAD JUNAID	
49.	25145160014	MUHAMMAD SAMEER	
50.	25145160015	NARGIS	
51.	25145160016	NEHA	
52.	25145160017	NIJANAND KUMAR	
53.	25145160018	NISHANT KUMAR	
54.	25145160019	OM	
55.	25145160020	PRASHANT MISHRA	
56.	25145160021	PREETI	
57.	25145160022	PRITAM ROY	
58.	25145160023	ROHAN YADAV	
59.	25145160024	SAMEER BEG	
60.	25145160025	SAMEER KHAN	
61.	25145160026	SANDEEP KUMAR	



S. No.	University Roll No.	Student Name	Signature
62.	25145160027	SAYYADA FARHAT JAHAN	
63.	25145160028	SHAYRA	
64.	25145160029	SHIVAM KUMAR	
65.	25145160030	SONIYA	
66.	25145160031	SUJEET KUMAR	
67.	25145160032	SURAJ	
68.	25145160033	TANISHA BANO	
69.	25145160034	VANSHIKA JOHNSON	
70.	25145160035	VIKANT	

Program Coordinator