



Ref.-/JBIT-COP/2025-26

Date- 14/05/2026

To
The Principal
JBIT College of Pharmacy

Subject: Request for Permission to Celebrate World Hypertension Day

Respected Sir,

I would like to request your kind permission to organize and celebrate World Hypertension Day in the Department of Pharmacy. As World Hypertension Day falls on **17-05-2026 (Sunday)**, the proposed activity will be conducted on **18-05-2026 (Monday)** within the college campus.

The purpose of this program is to create awareness among students and the public regarding hypertension, its prevention, healthy lifestyle practices, and the importance of regular health monitoring. The event may include awareness lectures, poster presentations, blood pressure check-up activities, and student participation programs.

The program will be conducted under the supervision of faculty members, and all necessary arrangements and discipline will be properly maintained.

Therefore, I kindly request you to grant permission to conduct the celebration program on **18-05-2026**.

Thanking you.

Yours sincerely,

Dr. Lalit Bisht
HOD, Department of Pharmacy
JBIT College of Pharmacy



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NOTICE

All the students of D.Pharma are hereby informed that the Department of Pharmacy will celebrate World Hypertension Day on **18-05-2026 (Monday)** in the college campus.

As 17-05-2026 falls on Sunday, the awareness and celebration activities will be conducted on the next working day. The program aims to spread awareness regarding hypertension, healthy lifestyle habits, and preventive healthcare measures.

All students are encouraged to actively participate in the activities and maintain proper discipline throughout the program.

Further details regarding venue and timing will be communicated by the department.

Dr. Lalit Bisht

HOD, Department of Pharmacy
JBIT College of Pharmacy

Copy to:

1. PS to Hon'ble Vice Chairman Sir (For his kind information)
2. Registrar Office
3. All Heads of the Department
4. Notice Board
5. Office Record File



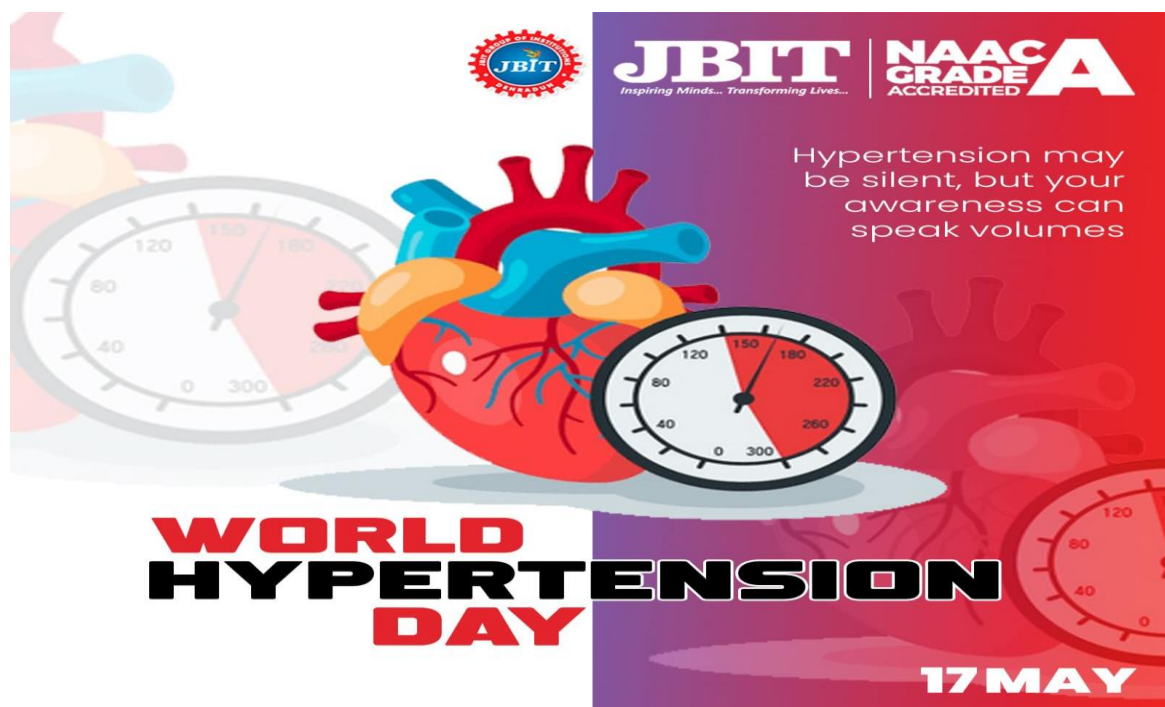
Report

Program Type	Celebrate World Hypertension Day
Program Theme	Measure Your Blood Pressure Accurately, Control It, Live Longer
Program Title	World Hypertension Day
Objective	☐ Raise global awareness about hypertension, a leading risk factor for cardiovascular disease and premature death. ☐ Promote routine blood pressure screening to encourage early detection and timely treatment. ☐ Educate the public on lifestyle changes and healthy habits to prevent and manage high blood pressure. ☐ Encourage governments and healthcare systems to strengthen hypertension control programs. ☐ Highlight the importance of accurate blood pressure measurement and training for healthcare professionals.
Outcome	☐ Increased public awareness of the dangers of untreated hypertension. ☐ Higher rates of blood pressure screenings in communities, often through free screening drives. ☐ Policy advocacy leading to improved national strategies for non-communicable disease control. ☐ Educational campaigns that promote healthier eating, exercise, and reduced salt intake. ☐ Improved global collaboration among healthcare organizations, NGOs, and governments focused on cardiovascular health. ☐ Increased training and capacity-building for healthcare providers on proper blood pressure measurement techniques.
No. of Days	01



Mode of delivery	Offline
Date	18 May 2026
Venue	Pharmacy Department
Schedule	11:00 am to 1:00 pm
Details of Resource Person	Mrs. Rekha Jethi
Convener	Dr. Arun Kr. Maurya
Coordinator	Mr. Ashish kushwaha
No. of Participants (Students)	36
No. of Participants (Faculty)	5

The Hypertension Day held at JBIT College of Pharmacy, Pharmacy department on 17 May, 2026. The theme was “Measure Your Blood Pressure Accurately, Control It, Live Longer”, reinforcing the importance of accurate monitoring and proactive management.





JBIT

College of Pharmacy

Approved by AICTE & PCI
Affiliated to VMSB Uttarakhand Technical University



An educational unit of JAI BHAGWAN EDUCATIONAL SOCIETY
Regd. Office: 17, Mandir Marg, Vasant Vihar Enclave, Dehradun (UK)

Campus: 23 Milestone, NH-7, Shankarpur, Chakrata Road, Dehradun (UK) - India
Email: info@jbitdoon.edu.in | Website: www.jbitdoon.edu.in
Contacts: 0135-2698880, 2698896, 8449199991, 8449199992



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Celebrate World Hypertension Day on 18/05/2026

Program Coordinator

An educational unit of JAI BHAGWAN EDUCATIONAL SOCIETY
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ATTENDANCE SHEET

Title of the Program– World Hypertension Day

Date:18/May/2026

S. No.	University No.	Student Name	Signature
1.	24145160001	ABHIJEET KUMAR	
2.	24145160002	AMEER ALI	
3.	24145160003	ANCHAL PAL	
4.	24145160004	ANSHIKA RANA	
5.	24145160005	ARUN GIRI	
6.	24145160007	BATNGENLANG PHANBUH	
7.	24145160009	DEEPA	
8.	24145160010	DEEPAK	
9.	24145160011	GOVIND KUMAR RAM	
10.	24145160012	KARAN	
11.	24145160013	KOMAL VISHWAKARMA	
12.	24145160014	MOHD AATIF	
13.	24145160015	MOHD ARSHLAN	
14.	24145160016	NAJIYA PARVEEN	
15.	24145160017	NAJMA	
16.	24145160018	NIKITA PUNDIR	
17.	24145160019	NITIN TOMAR	
18.	24145160020	PAYAL	
19.	24145160021	PRIYANKA	



S. No.	University No.	Student Name	Signature
20.	24145160022	RIYA KUMARI	
21.	24145160023	ROHIT MOURYA	
22.	24145160024	SAMREEN NAAZ	
23.	25145160014	MUHAMMAD SAMEER	
24.	25145160015	NARGIS	
25.	25145160016	NEHA	
26.	25145160017	NIJANAND KUMAR	
27.	25145160018	NISHANT KUMAR	
28.	25145160019	OM	
29.	25145160020	PRASHANT MISHRA	
30.	25145160021	PREETI	
31.	25145160022	PRITAM ROY	
32.	25145160023	ROHAN YADAV	
33.	25145160024	SAMEER BEG	
34.	25145160025	SAMEER KHAN	
35.	25145160026	SANDEEP KUMAR	
36.	25145160014	MUHAMMAD SAMEER	

Program Coordinator